

# Troubleshooting

## **What if:**

- You become nauseated while taking your prep?  
Stop drinking for 30 minutes. Allow the prep to pass. After your 30 minute wait, start drinking again, one glass every 15-20 minutes until prep is completed.
- You become chilled while drinking your prep?  
Dress warmly, wrap up in a blanket. Drink clear warm fluids.
- You don't like the prep?  
Drink your prep chilled through a straw. Suck on a lime or lemon between glasses and keep trying!
- Your bottom becomes irritated?  
Apply A & D ointment or Vaseline to the irritated area when you start your prep. Reapply after each trip to the bathroom. Use a wet wipe for cleaning after each bowel movement.
- You just can't drink the prep?  
After trying the above suggestions and if you begin to vomit and the prep will not stay down, call the Doctor on call at **(803) 799-4800** and inform him that your prep is not going well, so he can order an alternative prep for you.

◇ **Proper prepping is a necessity. A clean colon enables the physician to perform an accurate exam.**

◇ **Thank you on your cooperation.**